

Swim Lessons Taught at NFC this Summer!!!

We are pleased to announce that Sweetwater Pools, Inc. and NFC have teamed up to provide swim lessons to the children of NFC members throughout the upcoming summer. This wonderful opportunity is available only to Nottingham Forest and Ashford Forest residents, as well as any private NFC members. Due to class size limitations, this opportunity will not be offered to non-NFC members. Verification of residency or membership will be required at the time of registration.

The schedule (below) allows for all ranges of children, is reasonably priced at \$60 per 3-week session and will utilize only a small portion of the pool so that it does not interfere with NF Shark swimming practice or use of the pool by residents.

Classes will be taught by one of Sweetwater's most experienced, effective and loved instructors. Tuesday (her name) has been teaching for seven years. In those years she has taught swimming to all ages of children, adults up to 80 years old, special needs children and water aerobics. Her extensive experience teaching, working as a preschool teacher and nanny has given her the ability to be flexible with the students and differentiate instruction to meet the specific needs of each child.

The schedule for each of the three sessions is listed below:

Sessions:

Session One: June 6th to June 22nd
Tuesdays and Thursdays
40 minute Classes

Session Two: June 27th to July 13th (no class July 4th)
Tuesdays and Thursdays
40 minute classes

Session Three: July 18th to August 3rd
Tuesdays and Thursdays
40 minute Classes

Groups and Times for Session 1:

Parent and Child	10:00 AM to 10:40 AM
Preschool 1	10:45 AM to 11:25 AM
Preschool 2 & 3	11:30 AM to 12:10 PM
LTS 1 & 2	12:15 PM to 12:55 PM

Groups and Times for Session 2 & 3:

Parent and Child	4:00 PM to 4:40 PM
Preschool 1	4:45 PM to 5:25 PM
Preschool 2 & 3	5:30 PM to 6:10 PM
LTS 1 & 2	6:15 PM to 6:55 PM

All classes will have a maximum of six participants; Parent and Child may have eight. For a class to form there must be at least four registrants. If a class has only one registrant it can be switched to a private lesson. If there are two or three, it can be switched to a semi-private lesson (cost breakdown below).

There are six forty-minute classes in each session. Each session has one rain day built into it; if there is more than one rain day then the instructor will schedule one makeup lesson per rain day after the first. Session two is already missing July 4th so any other rain day will be made up. Each session you will receive a confirmation email one week before the classes begin. If there are less than four in a class at that time, options will be discussed at that time.

Pricing:

Groups (4-6 participants)	\$60.00/Participant/Session
Semi-Private (2 or 3)	\$125.00/Participant/Session
Private (1 only)	\$200.00/Session

To determine the approximate level of your child please read the class descriptions located on the [Learn to Swim](#) tab on Sweetwater's [Swim Lessons](#) website (www.allyouhavetodoisswim.com).

Lifeguards will be available during all sessions.

Registration: Online [here](#).

Contact: For additional information or questions, please contact:

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